

# ASHRAE 2020 Virtual Conference ►

## Energy Efficiency and the Swedish Catalog House

**Paper Session 18: Residential Buildings Air  
Leakage, Catalog Houses, and Energy Model**

**Anthony Denzer, Ph.D., M.Arch.**  
**University of Wyoming**  
**[tdenzer@uwyo.edu](mailto:tdenzer@uwyo.edu)**



COLLEGE OF  
**ENGINEERING &  
APPLIED SCIENCE**

CIVIL & ARCHITECTURAL ENGINEERING DEPARTMENT

UNIVERSITY OF WYOMING

# Learning Objectives

- Provide an overview of residential air leakage testing code requirements in Florida
- Understand the sensitivity of local climate conditions to levels of urbanization
- Understand the typical methods of prefabrication and energy-efficiency used in Swedish homebuilding factories today, as well as the historical developments leading up to today's methods
- Summarize Florida residential air leakage testing compliance findings and recommendations

*ASHRAE is a Registered Provider with The American Institute of Architects Continuing Education Systems. Credit earned on completion of this program will be reported to ASHRAE Records for AIA members. Certificates of Completion for non-AIA members are available on request.*

*This program is registered with the AIA/ASHRAE for continuing professional education. As such, it does not include content that may be deemed or construed to be an approval or endorsement by the AIA of any material of construction or any method or manner of handling, using, distributing, or dealing in any material or product. Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.*

# Acknowledgements

Scott Hedges assisted the author in this research in a number of ways, including arranging visits to numerous Swedish house factories in 2018 and 2019.





# Catalog

# Factory

TOTAL BOYTA: 163.9 MP



Moderna Villa Sjövik har en spännande karaktär. Inte minst tack vare den vackra entréhallen och vardagsrummet i vinkel med ljusett ryggstol. Äsken får du dessutom en skyddad utplats. Den öppna och ljusa planlösningen i vardagsrum och kök gör det enkelt att sammanfoga under samma tak. Huset stötar också med fyra sovrum, ett allrum, två badrum och flera rymiga förråd.

För mer inspiration & info:  
[www.vargardahus.se/vara-hus/](http://www.vargardahus.se/vara-hus/)

Site





Staffing of large house factory:

1/3 Architects/Drafters

1/3 Construction

1/3 Sales/Marketing



Average Swedish house  
144 m<sup>2</sup> (1550 ft<sup>2</sup>)



Typical 1.5-story Swedish catalog house  
Photo: A. Denzer



# Bygga nytt

Går du i byggtankar?

Här hittar du din husleverantör snabbt och enkelt.



Götenchus har funnits i 80 år och har blivit en av Sveriges ledande hustillverkare. Nu presenterar vi något helt nytt – Subline. Ett hus som tål vardagsliv men som ändå är en upplevelse i arkitektur vad gäller ljusflöde, öppna ytor och spännande rumskänsla. En rad smarta funktioner, förpackat i huskroppar som går att flytta och anpassa efter dina behov.



Att skapa sitt hem är som att fysiskt gestalta sin personlighet. Vi realiserar drömmen om ett skräddarsytt hus, byggt efter dina behov och innersta fantasier. Genom att guida dig hela vägen från idé till färdigt hem förverkligar vi ditt livsverk. Med full trygghet genom totalentreprenad. Hämta ditt exemplar av vår nya bok i monter!



Vi gör det riktigt enkelt att bygga hus. På movehome.se hittar du vårt smarta verktyg "Bygg Online" där du formar ditt hus på bara några minuter. Dessutom får du priset direkt. När du är nöjd med ditt hus kontakter du oss med ett klick, så sköter vi resten. Vi tar fullt ansvar genom totalentreprenad. Att alla våra husmodeller är Svanenmärkta känns extra bra i magen!



Ett arkitekttriat hus anpassas efter tomtens speciella förhållanden och den omgivande miljön. Därför har våra fritidshus skapats just utifrån de fantastiska landskapskiftningar vi har i vårt land - kust, fjäll, skog och sjö. Vi gör allt för att du ska få det optimala fritidsboendet. Kontakta oss gärna för ett kostnadsfritt och förutsättningslöst möte!

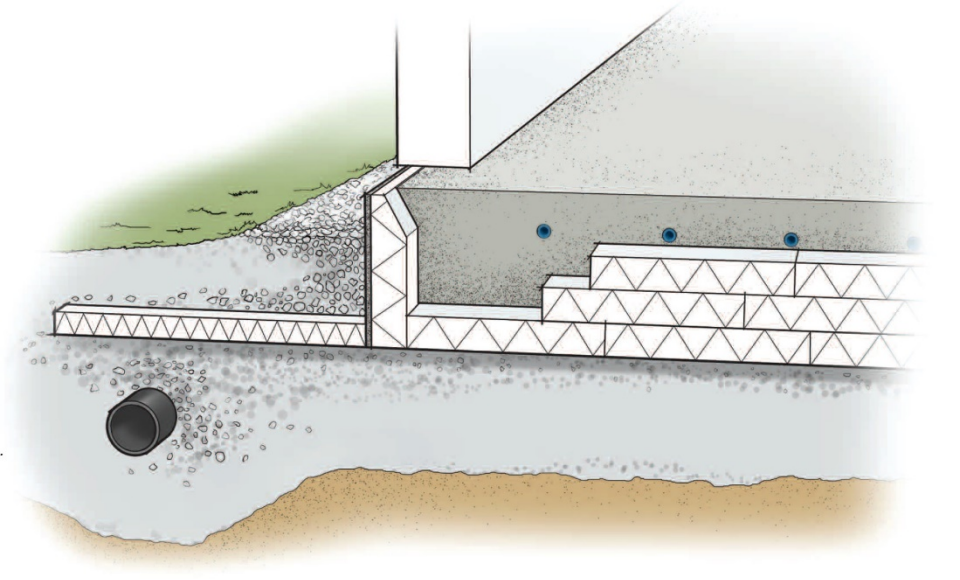


Borohus startades 1928 och är ett av Sveriges äldsta trähusföretag och genom tiderna ett av de mest framgångsrika i husbranschen. Vi erbjuder flexibla boendelösningar med hög kvalitet. Tillsammans med ett bra pris gör det Borohus till det självklara valet av husleverantör. Besök oss på Husmässan i Botkyrka eller Nybygget i Arlandastad så berättar vi mer.



Med VästkostVillan kan du bli din egen arkitekt. Klipp och klistra, rita till och dra ifrån eller varför inte börja med ett helt tomt ark? Med dina idéer och vår erfarenhet skapar vi ditt drömhjem. Precis så som du vill ha det. Besök oss på Husmässan i Botkyrka, 070-245 70 04, eller Nybygget i Arlandastad, 0709-84 64 29, så berättar vi mer.

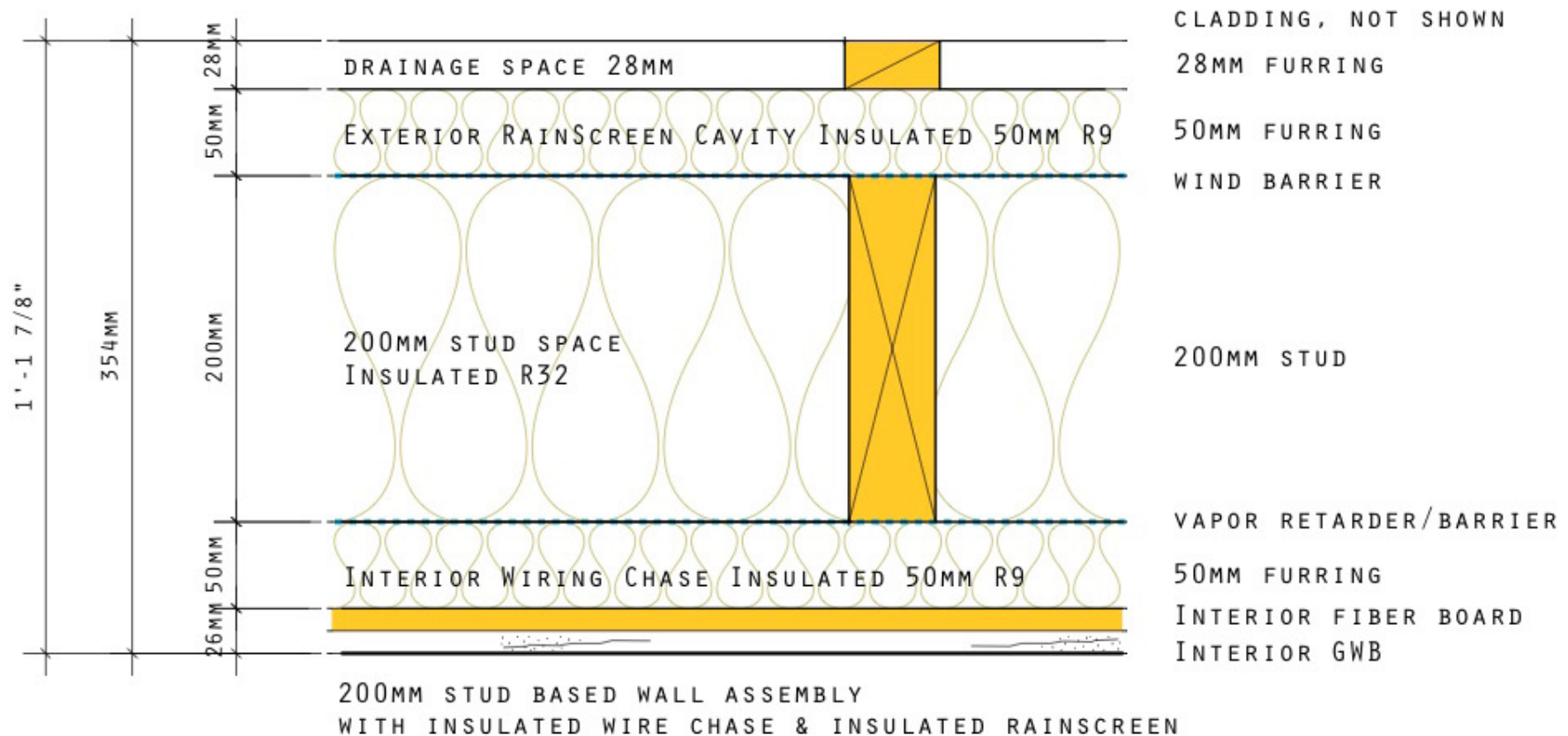




Platta på mark (slab-on-grade)  
Photos: Scott Hedges



Typ.: 14" wide  
R-36 to R-50



Typical wall section of Swedish factory house  
drawing: Gregory La Vardera Architect



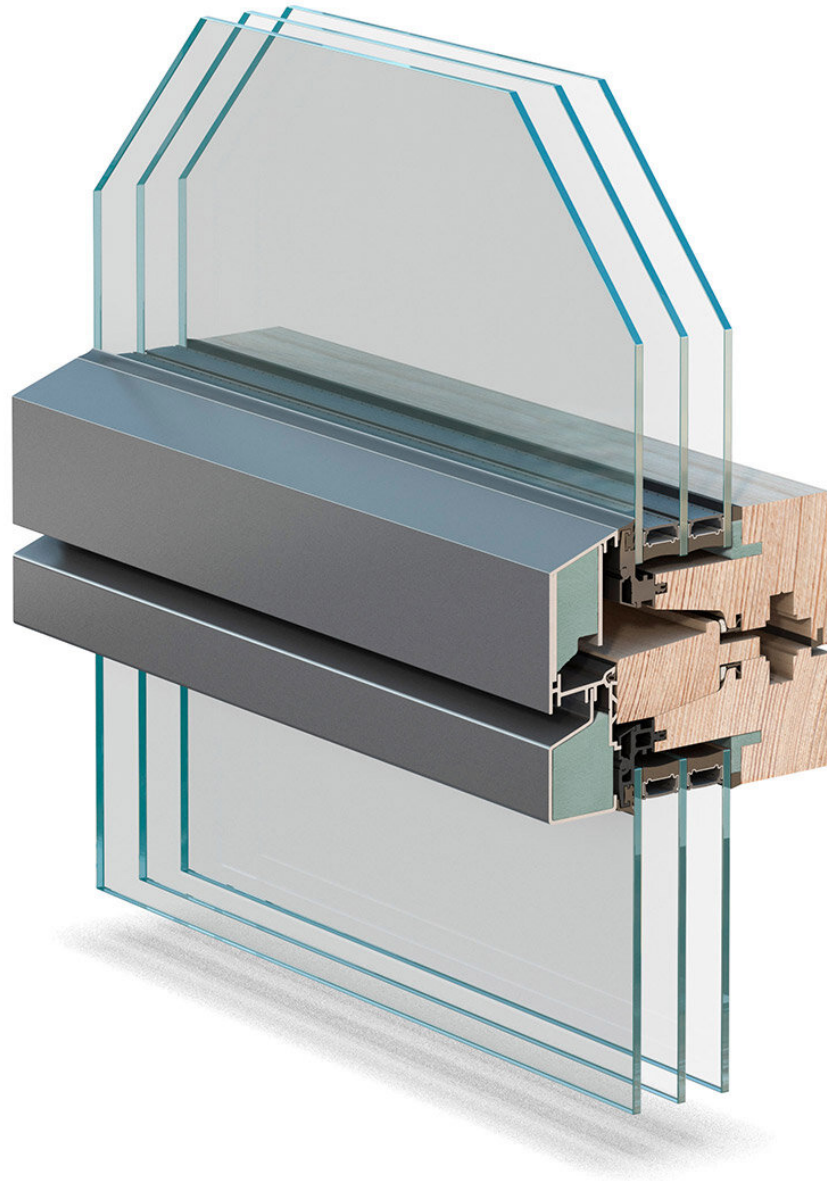
Typical Swedish wall  
image: Trivselhus catalog



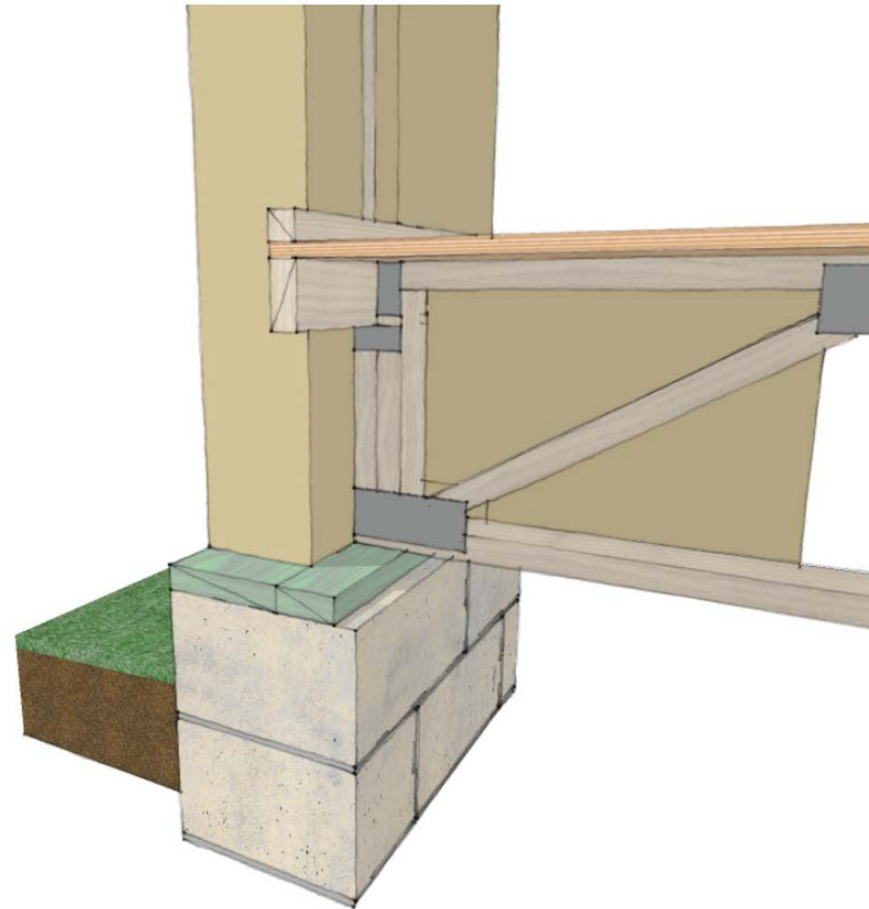
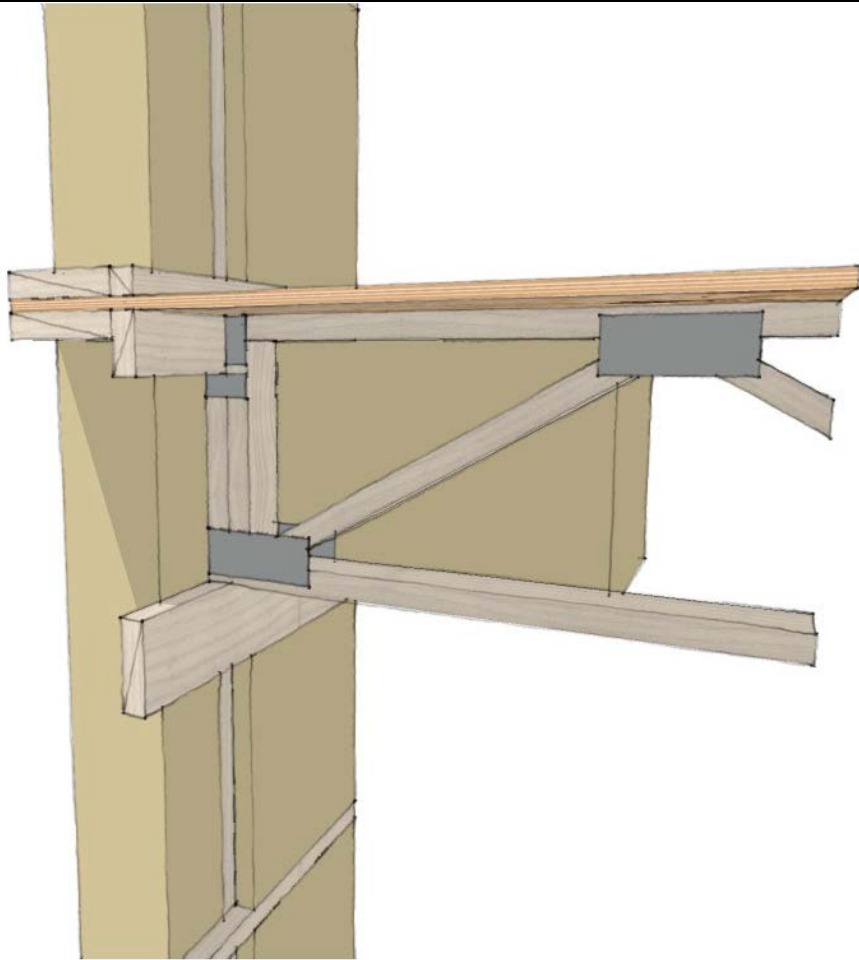
Wall construction starts with window  
Photos: A. Denzer



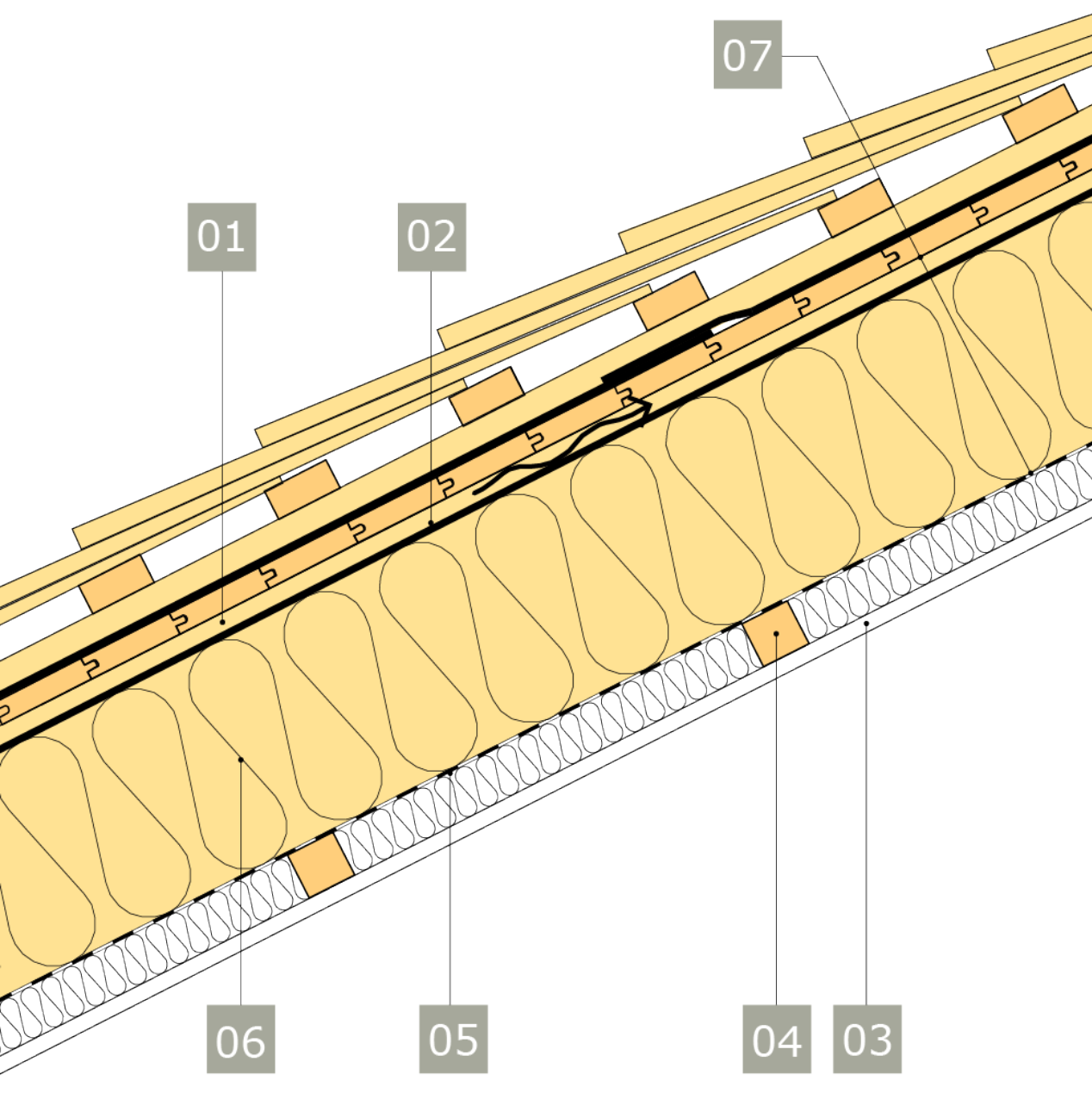
Typ. U-values:  
1.2 to 0.8  
(R-4.7 to R-7)



Triple-pane is standard  
Photo: Build Well Scandinavia AB

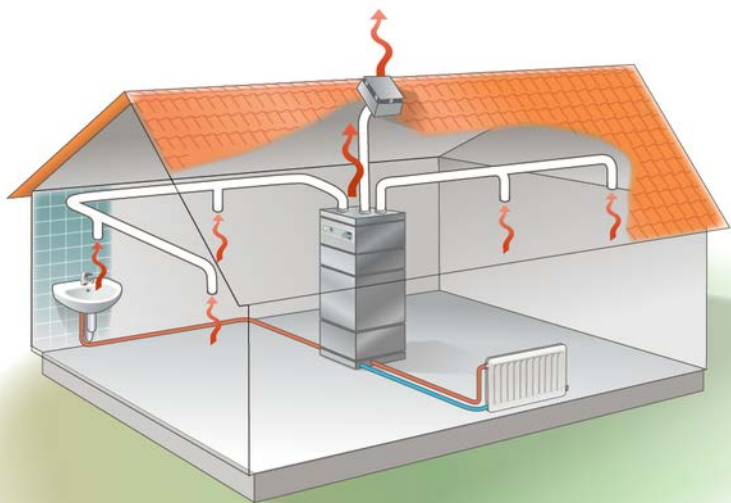


Typical floor construction of Swedish factory house  
drawing: Gregory La Vadera Architect

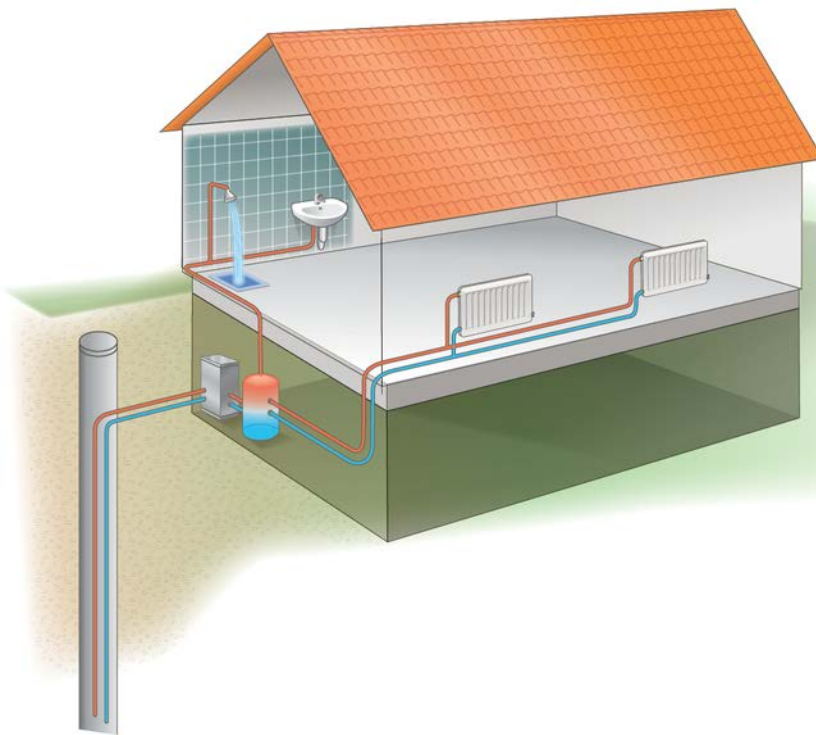


Typical Swedish roof  
drawing: Svenskt Trä

## Exhaust Air Heat Pump



## Geothermal Heat Pump



Typical heating systems  
Images: Energikontoret Skåne





Photo: Andersson Nielsen AB

# Swedish Energy Codes: Today

## 2018 (BBR 25)

*Performance-based:*

- *Baseline:*  
*90 kWh/m<sup>2</sup>/yr (28.5 kBtu/ft<sup>2</sup>/yr)*
- *Adjustment factors for climate:*  
*0.8 in mild areas (such as Malmö)*  
*1.9 in the coldest climate (Kiruna)*
- *Adjustment factors for source:*  
*1.6 for electricity*
- *Modeling required*
- *Indoor temperature: 21°C (70°F)*



# Swedish Energy Codes: Historical

## 1975 (SBN75)

*R-19 walls; R-28 roofs*

## 1978 amend.

*3.0 ach/h at 50 Pa*

*triple-pane windows*

*comparable to IECC 2009*

## 1984 (ELAK)

*for electric-heated homes:*

*R-33 walls; R-47 roofs*

*HRV required*

*comparable to IECC 2015*

# Sample Advertised Energy Use for Heating and Hot Water



in Luleå

**15.5 kBtu/ft<sup>2</sup>/yr**

in Stockholm

**10.0 kBtu/ft<sup>2</sup>/yr**

in Malmö

**7.9 kBtu/ft<sup>2</sup>/yr**



# Sample Advertised Energy Use for Heating and Hot Water



in Östersund

**14.3 kBtu/ft²/yr**

in Uppsala

**11.4 kBtu/ft²/yr**

in Malmö

**9.2 kBtu/ft²/yr**

# Sample Advertised Energy Use for Heating and Hot Water



in Luleå

**20.3 kBtu/ft²/yr**

in Sundsvall

**17.0 kBtu/ft²/yr**

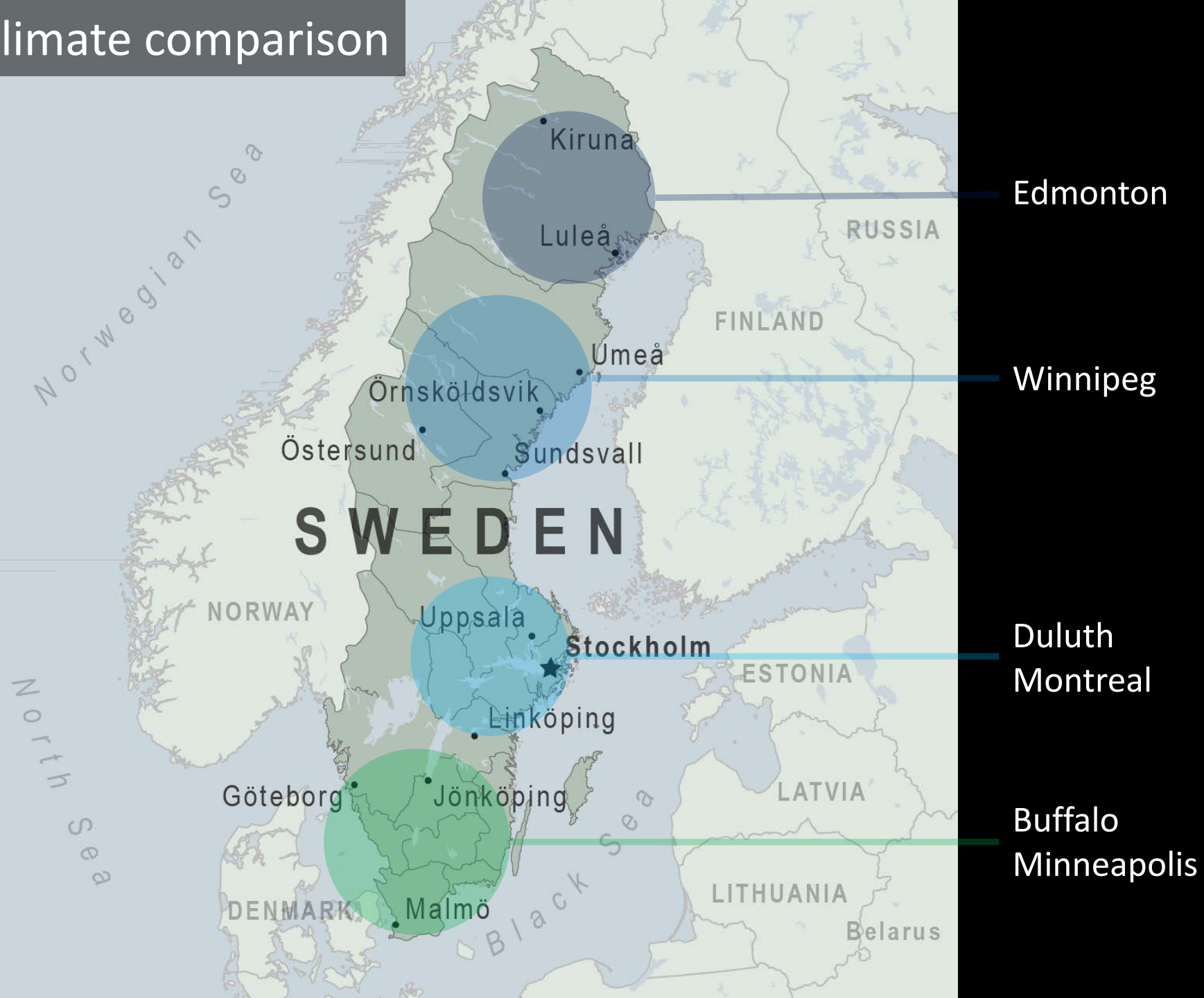
in Uppsala

**12.9 kBtu/ft²/yr**

in Malmö

**9.4 kBtu/ft²/yr**

# Climate comparison





# Sample Turnkey Costs



\$134/ft<sup>2</sup>



\$159/ft<sup>2</sup>



\$169/ft<sup>2</sup>



\$169/ft<sup>2</sup>

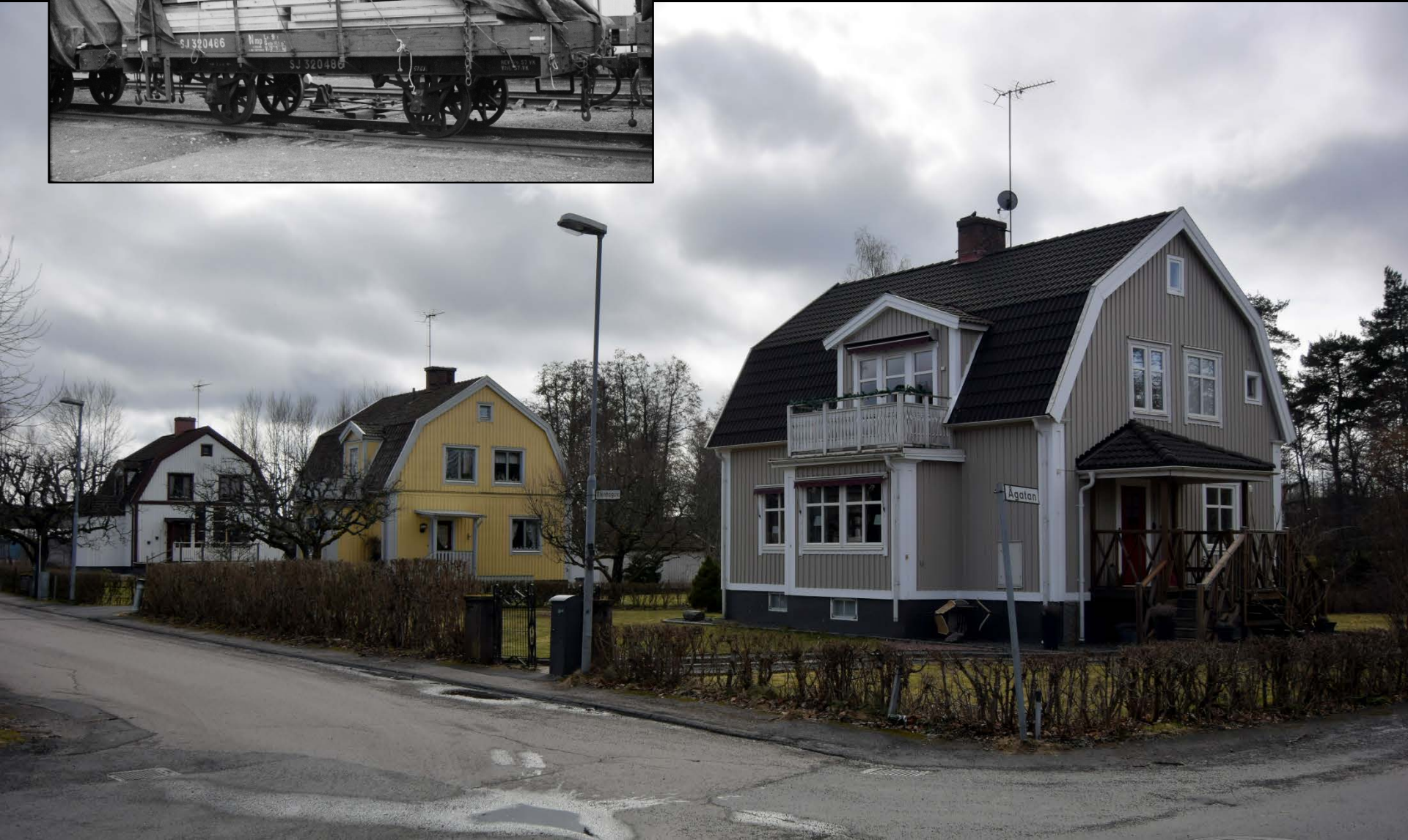


\$239/ft<sup>2</sup>

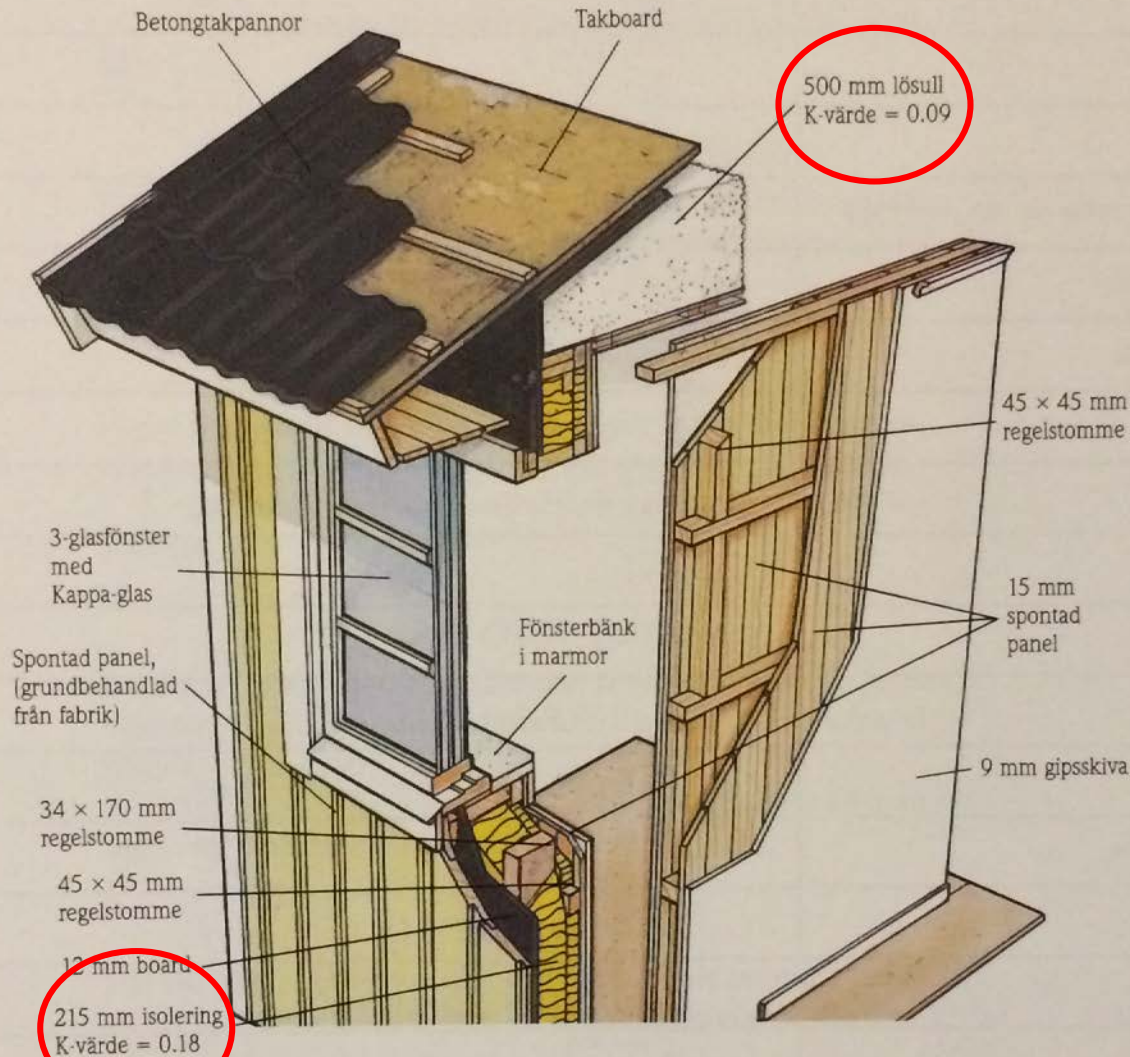


\$239/ft<sup>2</sup>





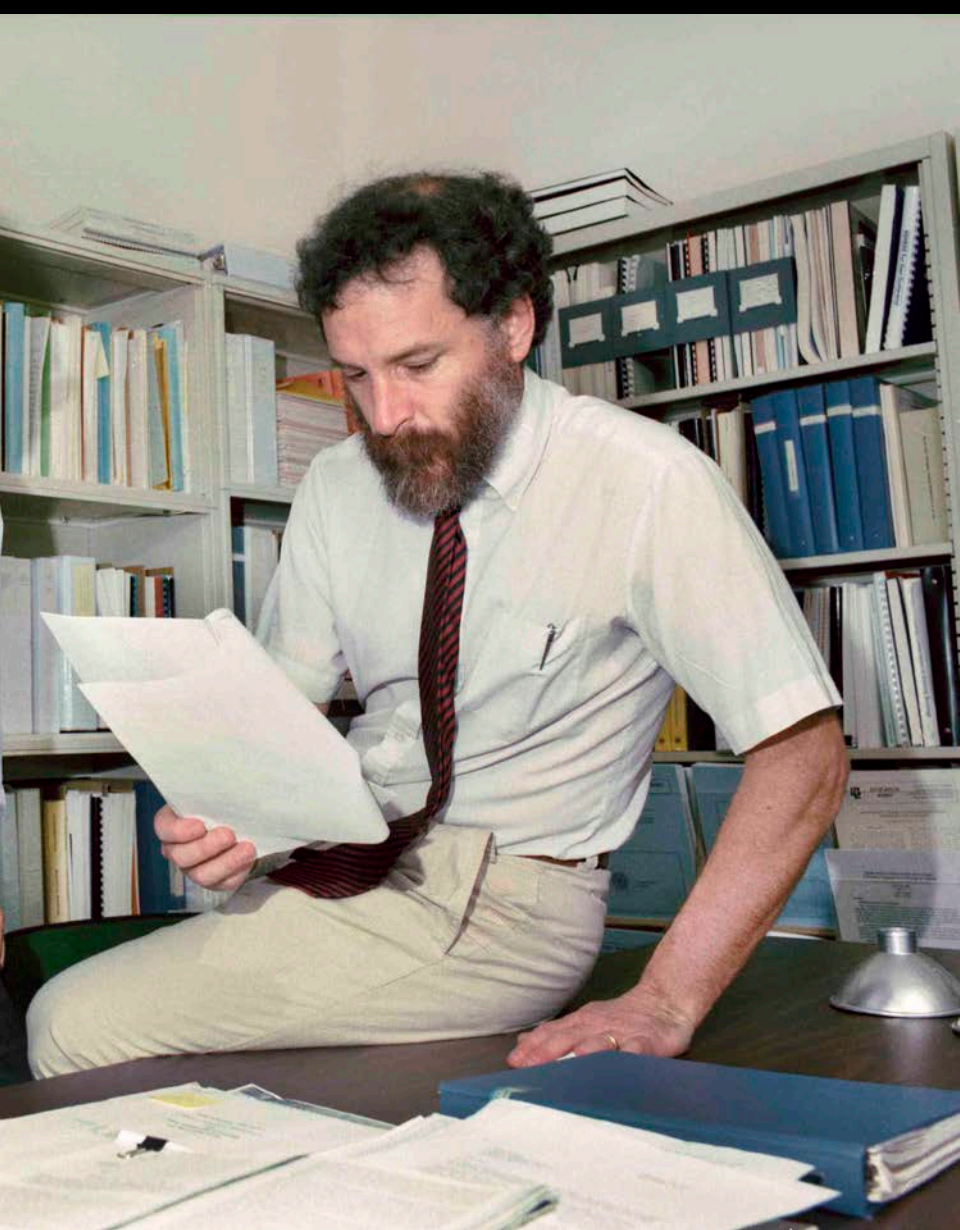
# 1990s catalog house



R-60 in roof

R-31.5 in wall





Lee Schipper

Lawrence Berkeley Nat'l Lab

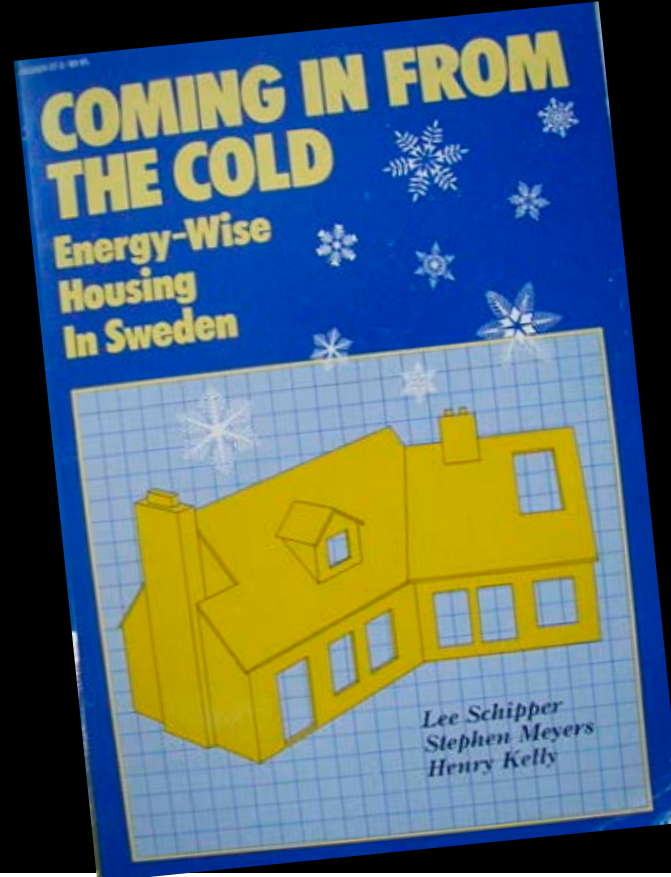
Schipper to Congress  
(1984):

“...rather stunning  
performance of the  
Swedish housing  
industry.”

“In 1981, homes in  
Sweden had on average  
twice the effective levels  
of wall insulation as  
homes in Minnesota!”



1984



Swedish houses today are built to the world's highest standard. The average Swedish home has fewer defects in workmanship and is more free of drafts than its equivalent in North America or the rest of Europe. It is heated to a higher temperature, yet consumes considerably less energy for heating. Its superior performance is largely due to the technological sophistication of the Swedish product, not to significant compensatory differences in the size or comfort of homes, the behavior of occupants, or energy prices. The point is not that the best Swedish house is better than the best U.S. house, for example, but that the average new Swedish house is so much better than the average U.S. product.

# Conclusion

“One could consider Sweden as a ‘crystal ball’, showing what American House Building might look like if we had spent the past 40 years committed to improving efficiency.”

—Hedges and La Vardera, 2013



# Bibliography (selected)

Blomsterberg, A.K. and D.T. Harrje. 1979. Evaluating air infiltration energy losses. ASHRAE Journal 21(5): 25-32.

Boverket. 2018. Boverket's mandatory provisions and general recommendations, consolidated version. BBR 26, BFS 2018:4. Retrieved from <https://www.boverket.se/globalassets/publikationer/dokument/2019/bbr-2011-6-tom-2018-4-english-2.pdf>

Carlsson, B., Elmroth, A., and P. Å. Engvall. 1980. Airtightness and thermal insulation: Building design solutions. Swedish Council for Building Research.

Dean, E. 1984. The New Foreign Import: Manufactured Housing Systems. Journal of Architectural Education. 37(3/4): 12-19.

Finrow, J.V., 1990. Composite Industrialized Energy Efficient Construction for Housing: Case Studies of Recent Danish and Swedish Housing Projects and Implications for US Multi-Family Housing.

Hedges, S. 2018. Elementhus: Sweden's ultra modern & totally forgotten, awesome, factory-built house. Retrieved from <https://medium.com/@scotthedges/elementhus-swedens-ultra-modern-totally-forgotten-awesome-factory-built-house-899d0c96687d>

Hedges S. and G. La Vardera. 2013. Innovation in Residential Construction Systems in Sweden. 1st Residential Building Design and Construction Conference. Pennsylvania Housing Research Center (PHRC).



# Bibliography (selected)

Kando, P., 1984. Made in Sweden: Better Houses Come Ashore. Solar Age, 9(3): 24-28.

Kando, P. 1988. When the best cost less: an economic comparison of the Swedish factory-crafted house construction system and conventional homebuilding. Washington, DC: Center for the House.

Kronvall, J., 1978. Testing of houses for air leakage using a pressure method. ASHRAE Transactions, 84(1), pp.72-9.

La Vardera, G. 2010. Swedish Platform Framing Info. Retrieved from <http://blog.lamidesign.com/p/swedish-platform-framing-info.html>

Savage, C. 1987. Swedish Prefab Houses. Fine Homebuilding 40: 50-54.

Schipper, L. 1984. Residential energy use and conservation in Sweden. Energy and Buildings, 6(1), 15-38.

Schipper, L., Meyers, S. and H. Kelly. 1985. Coming in from the Cold: Energy-Wise Housing in Sweden. Seven Locks Press.

Turner Center for Housing Innovation. 2017. Housing in Sweden: An Overview. White paper. UC Berkeley. Retrieved from [http://turnercenter.berkeley.edu/uploads/Swedish\\_Housing\\_System\\_Memo.pdf](http://turnercenter.berkeley.edu/uploads/Swedish_Housing_System_Memo.pdf)

# Questions?

Anthony Denzer, Ph.D., M.Arch.  
tdenzer@uwyo.edu